



# LIVE WELL SIERRA



## HEALTH AND WELLNESS FAIR & RABIES CLINIC

**CONNECTING COMMUNITY MEMBERS TO THE RESOURCES, SERVICES, AND SUPPORT THEY NEED TO LIVE HEALTHIER LIVES**

*Join Us On*

**SATURDAY, AUGUST 1, 2026 | 10AM - 2PM  
LOYALTON PARK, 105 BECKWITH ST.**



Helpful Community Resources



Dog & Cat Vaccinations & Licensing\*



Free Food - First Come, First Served



Fun-Filled Family-Friendly Activities



Free Drawing - Win Prizes!

**FOR MORE INFO  
PLEASE CALL**

**(530) 993-6700**



**\* Rabies Clinic: SERVICES ONLY OFFERED 10 AM - 12 PM.**

At all times, cats MUST be contained in cat carriers, and dogs MUST be leashed. Dog services offered (FREE): Rabies, DAPP, Bordetella, and microchipping. Cat services offered (FREE): Rabies, FVRCP, and microchipping. No other treatments or procedures will be offered. Animal licensing is NOT a free service and is subject to Sierra County's published rates."

# 2026 SIERRA COUNTY HEALTH AND WELLNESS FAIR PRESENTATION AND ACTIVITY CALENDAR

**SATURDAY, AUGUST 1, 2026 | 10AM - 2PM  
LOYALTON PARK, 105 BECKWITH ST.**

10:00 AM - 10:30 AM

## **Pickleball Demo & Practice**

*Learn how to play pickleball and practice your skills!*

10:30 AM - 11:00 AM

## **Medicare Counseling & Legal Services Presentation**

*Learn how to understand and navigate the Medicare system and utilize services.*

11:30 AM - 12:00 PM

## **Bingocize**

*Play bingo, learn new physical activity moves, and win prizes.*

12:00 PM - 12:30 PM

## **Basil Planting Activity**

*Pot and take home your own basil plant.*

12:30 PM - 1:00 PM

## **Paint and Juice Sip**

*Join us to create a unique painting to take home, and enjoy delicious juices.*

1:00 PM - 1:30 PM

## **Tug-O-War Competition**

*Bring your friends to compete in a Tug-O-War competition.*

\*Activities and times subject to change or alteration.

Please Join Us

COME TOGETHER TO CONNECT WITH GREAT  
COMMUNITY RESOURCES AND HAVE FUN!

SATURDAY, AUGUST 1, 2026 | 10AM - 2PM  
LOYALTON PARK, 105 BECKWITH ST.



**HUMANE SOCIETY**  
OF TRUCKEE-TAHOE



Sierra County Child Abuse Council  
**HIGH SIERRAS**  
FAMILY RESOURCE CENTER



*Alliance For*  
**Workforce Development, Inc.**  
*Providing pathways to success*



**LEGAL SERVICES**  
*of*  
NORTHERN CALIFORNIA



**American  
Red Cross**



**Liberty™**



**smile,**  
CALIFORNIA™



**Healthy  
Babies**  
parents @ teachers



**peak**  
WOMEN'S CARE

**DE LORO**  
caregiver resource center

CALIFORNIA  
**wic**  
WOMEN, INFANTS & CHILDREN  
Families grow healthy with WIC  
This institution is an equal opportunity provider.



Incorporated Senior Citizens of Sierra County

**FREED**  
ABILITY REDEFINED



**Eastern Plumas Health Care**



AGENCY  
ON AGING  
AREA 4



**connecting point**  
community services central

**FIRST5**  
SIERRA COUNTY

**snos**  
sierra nevada children's services